# Latest project news - Matching Programme

Within the framework of the WLE a Matching Programme, conceived as an interregional and transnational activity aiming at bringing parents, carers, adult staff educators and future professionals from Belgium, Italy, Greece and Spain together in an online session to exchange about their parenting experience, to take inspiration from the diversity of parenting approaches and share techniques on how to overcome moments of crisis (such as a pandemic or daily challenges).

3 matching programme sessions were held and took place online, through video-calls, involving 81 participants. The first session took place on November 29th, 2023 involving 28 participants from Italy and Spain, under the coordination of UNITO and Acción Familiar. The second session took place on November 30th, 2023, involving 36 participants from Italy and Greece, under the coordination of Symplexis and UNITO. The last session took place on April 18, 2024 involving 17 participants from Belgium, Italy and Greece, under the coordination of UNESSA, ReadLab, Symplexis and UNITO.

Latest project news

Upcoming activities

Reading suggestions
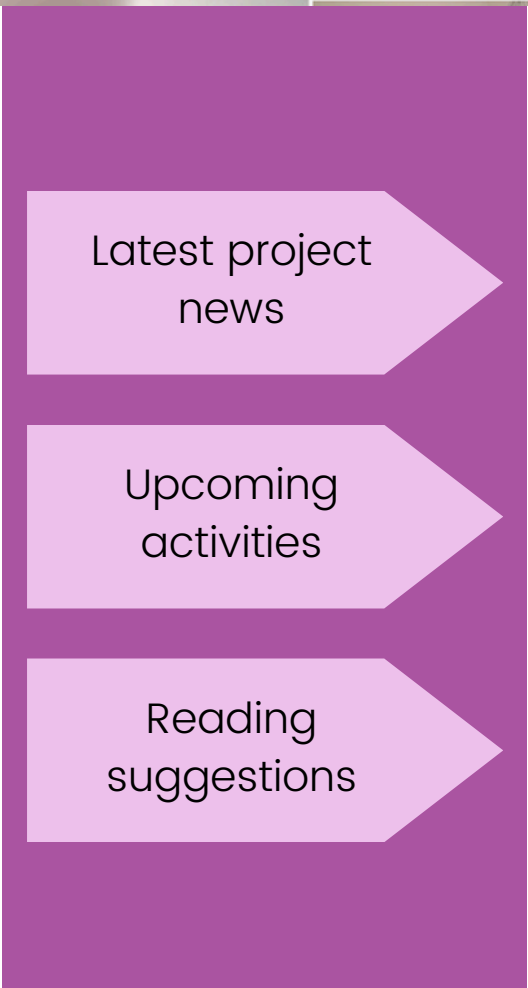
The discussion during the matching sessions was guided by the following questions, under the facilitation and coordination of project partners:

Parenting experiences:
What is your favorite activity to carry out with your child/children?
Do you have any suggestions for other parents?
What is the most surprising thing your child/children ever did?
Does your child have siblings or very close friends?
How is it watching them interact?
If you have a partner, how are parenting responsibilities divided between you and them?
Did you (and your partner, if you have one) ever find yourself in a parenting crisis you would have handled differently now?
What would you have done differently?

Parenting practices:
Do you let your child use digital devices? If so, do you use parental control? Why?
How do you manage limits in your parenting? For example, bedtime, playing, screentime…
What do you think is a good way to promote independence in your child?
How do you deal with difficult emotions in your child?
How do they manage discipline?

Countries' specificities:
How are national childcare services or after-school activities in your country?
Do you use them?
Do you think they could be made better? How?
How does public school work in your country?
Do you think it could be made better? How?
How are mental health services in your country?
 Have you ever used them?
Do you think they could be made better? How?
How is your country in regard to childhood independence?
Are the streets safe enough to let your child go play alone?
Can your child go to school alone, or do you have to accompany them?
How do they spend their free time with your children?
How do they manage work and children management?

Upcoming activities

Release of the PARENTS' FORUM on Facebook: an accessible digital space to allow parents and carers from all over the EU to join and exchange ideas, resources and conversations. In the WLE Forum parents and caregivers from all backgrounds have the opportunity to interact with each other, to join interesting conversations and gain access to all tools delivered in the context of the project, finding support in each other's experiences and to remaining in touch after participating in the Matching Programme!
Join the Forum online! 👉 https://www.facebook.com/groups/352231820608278/

WE LEARN EVERYWHERE

Reading suggestions

Today we would like to suggest this very interesting guide selected from our virtual library, available online.

"What does it mean to be a "good enough" parent? How can parents build a stronger relationship with their children? Two child psychology experts discuss hardships and strategies in this podcast episode."

Language: English
Audience: Parents
Type: Podcast
Author: APA - American Psychological Association

Link to the resource: https://www.apa.org/news/podcasts/speaking-of-psychology/parenting