



Background

We Learn Everywhere is an EU-funded project under the KA2 Erasmus+ Program focusing on adult education aiming at empowering parents and families wellbeing in the transition to the post-pandemic period, and more in general in facing the challenges of parenthood.

The Covid-19 pandemic has had a significant impact on families' wellbeing and children' mental health, having exacerbated inequities, especially amongst disadvantaged groups. But the crisis also gave us the strength to look back on the difficult times, and taught us how to face new challenges, both the every-day and the exceptional and unexpected. We have the chance now to take the challenging moments and turn them into an opportunity to 'flourish', and to 'grow'.

Through We Learn everywhere project we aim at strengthening parents' resilience in front of future crises as well as in everyday challenges, in the first place by raising parents' awareness on negative but also positive aspects that this "storm" has brought on all of us and our families; in the second place by providing them with useful resources and educational materials on the relationship between parents and children and suggesting some strategies that parents can implement to promote their families' wellbeing even in challenging situations.

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Latest project news

Release of the Booklet for parents' dealing with current and future crises and the Set of Didactic Activities.

The Booklet is 78-page document, organized into five chapters, is aimed at professionals, parents, and carers, offering insights into children's mental health and wellbeing, particularly regarding the pandemic and post-pandemic transition. It provides accessible psychological information and strategies for safeguarding mental health during crises and minimizing long-term pandemic impacts. Addressing challenges from COVID-19, it guides families in handling crises and includes specific advice for different child age groups (0-6, 6-11, 11-18). The final section includes a glossary and additional resources for further support.

The Set of Pedagogical Activities complements the booklet on parenting in times of crisis, helping parents and carers support children's learning and family bonding. It includes 39 easy-to-do activities at home, leveraging children's curiosity to enhance learning and skill development. Activities cover various categories like nature, shopping, cooking, sports, gardening, games, experiments, and arts and crafts, catering to different age groups with minimal equipment. These fun activities are designed to fit into daily family life and adapt to various circumstances.

So what are you waiting for?

You can download the original materials in multiple languages (GR/ES/IT/FR) on WLE project website by clicking [here](#).



Upcoming activities

TRAINING SESSION & MATCHING PROGRAMME: Stay tuned as in the next months several training sessions AND Matching Programme addressing parents, carers and future professionals will take place in Italy, Spain, Belgium and Greece!





Reading suggestions

Today we would like to suggest this very interesting guide selected from our virtual library, available online.

“COVID-19: 24/7 PLAYFUL PARENTING”

Language: Multiple (<100)

Audience: Families

Type: Toolkit

Author: Eurofamnet

Link to the resource: <https://resourcecentre.savethechildren.net/pdf/6182.pdf/>

